

# Tunbridge Wells Spring/Summer Menu

## Week 1

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Selection from our Breakfast Buffet	Selection from our Breakfast Buffet	Selection from our Breakfast Buffet	Selection from our Breakfast Buffet	Selection from our Breakfast Buffet
AM Snack	Crackers with butter and banana	Cheese Muffin with fruit	Banana and bread sticks	Savoury or plain scone with fruit	Crackers with cream cheese and Apple
Lunch	Moroccan Beef with cous cous	Chicken Jambalaya with rice	Pork Bolognese pasta bake with garlic bread	Thai Fish cakes with Sweet potato and Asian crispy salad	Homemade Turkey Burgers with homemade chips and baked beans
Vegetarian	Moroccan soya mince with cous cous	Quorn Jambalaya with rice	Plant based soya mince pasta bake with garlic bread	Thai Fish cakes with Sweet potato and Asian crispy salad	Vegetable & potato burgers with homemade chips and baked beans
Pudding	Fresh fruit	Homemade summer fruit crumble with optional ice cream	Fresh fruit	Fresh fruit	Fresh fruit jelly
Tea	Cheesy mixed potato wedges, roasted carrot and homemade garlic mayo	Sausage and egg Plait with crudities	Roasted vegetable Quesadilla with corn on the cob	Mix of sandwiches with Tortilla snacks	Pittas, cheese, vegetables and Homemade Hummus
Vegetarian	Cheesy mixed potato wedges, roasted carrot and homemade garlic mayo	Cheese and egg Plait with crudities	Roasted vegetable Quesadilla	Mix of sandwiches with Tortilla snacks	Pittas, cheese, vegetables and Homemade Hummus
Pudding	Rice Krispie cake	Fresh fruit	Fresh Fruit	Grapefruit drizzle cake	Fresh Fruit

Please speak to a member of staff if you require any allergen information in line with our menus.

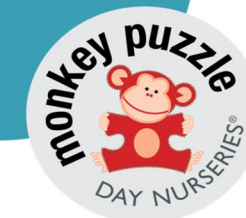


# Tunbridge Wells Spring/Summer Menu

## Week 2

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Selection from our Breakfast Buffet	Selection from our Breakfast Buffet	Selection from our Breakfast Buffet	Selection from our Breakfast Buffet	Selection from our Breakfast Buffet
AM Snack	Oranges and satsumas	Bananas	Apples	Pears	Bananas
Lunch	Chinese chicken with noodles	Beef Lasagne and salad	Ratatouille and rice	Roast Gammon, Boulangère Potatoes and fresh veg	Fish Fingers, mashed potatoes and garden peas
Vegetarian	Chinese quorn with noodles	Plant based mince Lasagne and salad	Ratatouille and rice	Vegan Pancetta Boulangère Potatoes and fresh veg,	Vegetable Fingers, mashed potatoes and garden peas
Pudding	Homemade raspberry fool	Fresh fruit	Banana and Date toffee sponge	Fresh Fruit	Fresh Fruit
Tea	Cheese and bean toastie melts carrot and sweet potato fries	Apricot bites, diced cheese, cucumber sticks and apple slices	Homemade spinach, feta, tomato and red onion pinwheels with pepper sticks	Warm Quiche Lorraine with potato salad and mixed lettuce salad	Cowboy chilli beans with home made bread
Vegetarian	Cheese and bean toastie melts carrot and sweet potato fries	Apricot bites, diced cheese, cucumber sticks and apple slices	Homemade spinach, feta, tomato and red onion pinwheels with pepper sticks	Warm Cheese and onion Quiche with potato salad and mixed lettuce salad	Cowboy chilli beans with home made bread
Pudding	Homemade Oat cookies	Fresh fruit	Fresh Fruit	Fresh fruit	Homemade Lemon Drizzle cake

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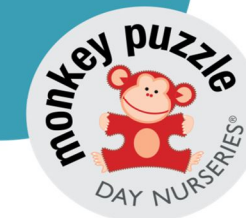


# Tunbridge Wells Spring/Summer Menu

## Week 3

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Selection from our Breakfast Buffet	Selection from our Breakfast Buffet	Selection from our Breakfast Buffet	Selection from our Breakfast Buffet	Selection from our Breakfast Buffet
AM Snack	Homemade breadsticks	Homemade cheese straws	Homemade cheese muffins	Cream crackers	Homemade Savoury scones
Lunch	Mediterranean vegetable bake with dough balls	Pork Enchiladas and salad	Homemade Fish in breadcrumbs, mashed potato and baked beans	Beef Tagine and Cous Cous	Homemade chicken goujons, parmentier potatoes and Garden peas
Vegetarian	Mediterranean vegetable bake with dough balls	Plant based Enchiladas and salad	Homemade Tofu in breadcrumbs, mashed potato and baked beans	Plant based Tagine and Cous Cous	Homemade vegetable goujons, parmentier potatoes and Garden peas
Pudding	Fresh Fruit	Bananas and Fresh Custard	Fresh Fruit	Fresh Fruit and yoghurt	Fresh Fruit
Tea	Homemade hash brown with meatballs and baked beans	Stuffed jacket potato with bacon, cheese and onion	Sausage and apple roll and salad	Roasted vegetable Quesadilla, Guacamole and Mexican salad	Stromboli, lentil tomato sauce and green salad
Vegetarian	Homemade hash brown with plant based topping and baked beans	Stuffed jacket potato with, cheese and onion	Leek, carrot, sweet potato and apple roll and salad	Roasted vegetable Quesadilla, Guacamole and Mexican salad	Stromboli, lentil tomato sauce and green salad
Pudding	Homemade scones with cream and Jam	Fresh Fruit	Orange sponge	Fresh Fruit	Homemade shortbread

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# Tunbridge Wells Spring/Summer Menu

## Week 4

	Monday	Tuesday	Wednesday	Thursday	Friday
Breakfast	Selection from our Breakfast Buffet	Selection from our Breakfast Buffet	Selection from our Breakfast Buffet	Selection from our Breakfast Buffet	Selection from our Breakfast Buffet
AM Snack	Crackers	Homemade breadsticks	Homemade scones	Homemade Cheese straws	Homemade Muffins
Lunch	Beef bolognaise with Garlic bread	Homemade fishcakes with saute pot and sweetcorn	BBQ pulled pork with roasted vegetable	Chickpea, spinach and Butternut squash curry with rice and naan	Chicken alfredo with rosemary breadsticks
Vegetarian	Lentil bolognaise with Garlic bread	Homemade Veg cakes with saute pot and sweetcorn	BBQ jackfruit with roasted vegetable	Chickpea, spinach and Butternut squash curry with rice and naan	Onion, sweetcorn and lentil alfredo with rosemary breadsticks
Pudding	Fresh Fruit	Fresh Fruit	Jam and coconut sponge	Fresh Fruit	Overnight apple and cinnamon oats
Tea	Jacket Potato with Tuna and coleslaw	Mix of sandwiches with Tortilla snacks	Ham Pittas with homemade red pepper hummus and vegetable crudities	Vegetable frittata with green bean and sweetcorn salad	Cheese and chive scone with ham and vegetable sticks
Vegetarian	Jacket Potato with Feta and coleslaw	Mix of sandwiches with Tortilla snacks	Falafal Pittas with homemade red pepper hummus and vegetable crudities	Vegetable frittata with green bean and sweetcorn salad	Cheese and chive scone with and vegetable sticks
Pudding	Fresh Fruit	Carrot cake	Fresh Fruit	Homemade cookie	Fresh fruit

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